

THE WORLD'S MOST UNIQUE BEAUTY MAGAZINE

NEW BEAUTY

CONQUER AGING OVERNIGHT

Five key ingredients that will take years off while you sleep.

beautiful.

The new formulas that grow longer lashes. Makeup that transforms your skin.

YOUNGER SKIN IN MINUTES THE NATURAL WAY TO ERASE WRINKLES

05 MELATONIN HELPS CELLS RELAX

HOW IT SLOWS AGING
"When melatonin is applied topically, it helps relax the skin and puts it to sleep," says Dr. Murad, adding that, with age, the amount of melatonin that the body naturally produces begins to dip.

A DOUBLE DOSE OF PROTECTION
Backed with research that the skin may better benefit from vitamins C and E and melatonin, as opposed to just vitamins, **Dr. Imber's Youth Corridor Antioxidant Boost Skin Serum** blends them together to protect against damage. \$125, youthcorridor.com



WHY YOU SHOULD USE IT AT NIGHT Not only does it act as an antioxidant, but melatonin puts the cells to rest so that their functions are enhanced.