

Town & Country

ESTABLISHED IN 1846

SPRING FASHION

THE LAST INCH

"TODAY IT IS ACTUALLY POSSIBLE TO FREEZE, MELT, HEAT, OR ULTRASONICALLY BLAST FAT CELLS."

The ideal patient for any of these treatments will have no hernia or tissue scarring, and good practitioners will know whether a patient is too skinny to receive treatment. It's also important to manage expectations. "All of these things do work a little bit, but none of them works a lot," says **Gerald Imber**, a Park Avenue plastic surgeon who specializes in body contouring through more traditional liposuction and tummy tucks. But for the person who is looking not for a nip and tuck but rather a sculpting and a smoothing, these noninvasive procedures may be worth a shot. •